

"One night with you and
I'll never be the same,"
whispered the chicken.

"Why stop at one night?"
smiled Mrs. Dash.



Sauté chicken breasts coated with one capful of Mrs. Dash® Garlic & Herb until fully cooked. Set aside, then combine mustard and lemon juice to the remaining spices in skillet, stirring until hot. Serve over chicken to make a simply mouth-watering, yet better for you meal. Because each of the 12 seasoning blends is made with 14 natural herbs and spices so you can have the bold taste you love minus the salt and MSG you're looking to do without.

Salt~Free. Flavor~FULL.



For recipes like Garlic Herb Chicken, visit mrsdash.com.

Mrs. Dash is the proud sponsor of the American Heart Association  **CHOOSE TO MOVE™**