

“Is it hot in here or is it just me?”
said the potato.



“I get that a lot,”
replied Mrs. Dash.

Toss one capful of Mrs. Dash® Extra Spicy with potato wedges, olive oil and garlic and bake at 400° for 20 minutes. Turn potatoes then bake for 15 more minutes and you've got all the makings of a healthy, yet truly tasty side. Because each of the 12 seasoning blends is made with 14 natural herbs and spices so you can have the bold taste you love minus the salt and MSG you're looking to do without.

Salt~free. Flavor~full.



For recipes like Garlic Herb Chicken, visit mrsdash.com.

Mrs. Dash is the proud sponsor of the

American Heart Association.



CHOOSE TO MOVE™